WARNING:
This set contains chemicals that may be harmful if misused. Read cautions on individual containers carefully. Not to be used by children except under adult supervision.

Mix up treats for your hands and feet!
Turn Your House Into a Salon!

Welcome to your Spa-la-la Mani & Pedi Kit! With this kit, you’ll be able to turn your house into a nail spa and salon. Practice giving yourself manicures and pedicures and learn how to take extra special care of your nails. Your nails will look awesome. Your friends will want to make reservations at your salon!

What’s included in your Kit:
- Crystal mud
- Bath salts
- Buffing block
- 2 Toe separators
- Lotion base
- Mixing spoon (Green)
- Measuring spoon (white)
- Green dye
- Fragrance
- Nail polish

Other things you will need:
- Shallow bowl
- Large shallow bowl (big enough for your feet)
- Small mixing bowl
- Tap water
- Bath towel
- Clear nail polish
- Other colors of polish (optional)
- Small spoon or spatula

Activity #1: Get Your Hands Dirty

Sometimes your hands and fingernails can get dry and tired. A manicure will help them look better. It is easy and fun. The first step in your manicure is to soak! It might sound silly, but you will soak your fingers in a special kind of mud. It will leave your hands and fingernails feeling soft and smooth. Who knew mud could do that?

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What you do:

Step 1:
Using the white measuring spoon, place two scoops of crystal mud into the shallow bowl.

Step 2:
Add 20 scoops of warm water.

Step 3:
Add more scoops of water until the crystals won’t hold any more water. You will see water in the bottom of the bowl.

Step 4:
Sink your hands into the mud and let it squish around and in between your fingers. Oooh, feels so good! Your fingers like the moisture and warmth of the mud.

Step 5:
After a few minutes of soaking, add 6 scoops of bath salts to the crystal mud and stir with the mixing spoon.

Step 6:
Soak your hands in the crystal bath salts for a few more minutes. Nice!

Step 7:
Take your hands out of the bowl. Rinse them in lukewarm water and pat dry with a towel. More fun coming up next!

*Never pour crystal mud down your sink. It will cause a clog.*
Activity #2: Soften Up

Nails like moisture just like your skin. It helps to keep them healthy, so they don’t crack or break. It also helps them grow. You can make your own special moisture lotion for your nails. It’s easy and works just like lotion at the nail salon.

**WARNING:** DO NOT APPLY AROUND EYES OR ON LIPS. IN CASE OF EYE CONTACT, FLUSH THOROUGHLY WITH WATER.

**What you’ll need from your Kit:**
- Lotion base
- Measuring spoon
- Green dye
- Mixing spoon
- Fragrance

**Other things you will need:**
- Small mixing bowl
- Small spoon or spatula

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**WHAT YOU DO:**

**Step 1:**
Pour all of the lotion base and green dye into the mixing bowl. Save the container from the lotion base.

**Step 2:**
Add 10 drops of fragrance to the lotion.

**Step 3:**
Using the mixing spoon, stir until totally mixed together and lotion is one even color. Mmm, smells good!

**Step 4:**
Put a dime-sized amount of lotion into each of your hands and rub it into your skin and fingernails until it is totally rubbed in. Use a spoon to scoop your new lotion back into the container.

Don’t your hands feel great now?

On to the next step in your manicure!

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Activity #3: Make it Shine

Now that your nails are soft and moist, you can buff them. Look at you, just like a pro! Buffing makes your nails so smooth and shiny, you might not even need polish at all!

**What you’ll need from your Kit:**
- Buffing block
- Nail polish

**WHAT YOU DO:**

To start, choose one finger to buff.

**Step 1:**
Begin buffing with the narrow, light blue side of the buffing block. This will begin to remove ridges on your nail. Gently move the block across your nail. Rub in one direction only, not back and forth. Buffing too hard can make your nails thin. You will notice a white powder forming on your nail. Buff 20-30 more strokes.

**Step 2:**
Buff with the wide white side for another 20-30 strokes. Still smoothing the ridges.

**Step 3:**
Next, using the narrow purple side of the block, buff the nail for another 20-30 strokes, still moving only in one direction. Looks shinier already!

**Step 4:**
Buff with the wide green side of the block for about 30 strokes. So shiny and smooth!

**Step 5:**
Now, buff all of your nails. Buffing makes them soft, smooth, and naturally shiny. They look great! But if you want them to be super cute, apply a coat of nail polish. You’ll look like you just stepped out of the salon!
Activity #4: French Nails

Sometimes your hands and fingernails can get dry and tired. A manicure will help them look better. It is easy and fun. The first step in your manicure is to soak! It might sound silly, but you will soak your fingers in a special kind of mud. It will leave your hands and fingernails feeling soft and smooth. Who knew mud could do that?

What you'll need from your Kit:
- Nail polish

Other things you will need:
- Clear nail polish

WHAT YOU DO:

Step 1: Apply a coat of clear polish to fingernails. Let dry until you can touch them and not mess up the polish.

Step 2: On thumbnail, place a hole reinforcement on fingernail just below the tip. There should be a half-moon shape of nail showing above the hole reinforcement. Repeat on all fingernails. That looks pretty funny!

Share With Your Friends!
A traditional French manicure is clear, with a with a white half-moon tip at the end of each nail. The look is classic. Your French manicure has a fun color at the nail tip. The look is fun, funky, and fresh!

Step 3: Apply nail polish color to tips of nails above hole reinforcements. Let dry. Remove hole reinforcements.

Step 5: Apply a clear topcoat of polish to all nails.

Activity #5: Back to the Bath

Give the spa treatment to your feet and toenails, too! Pedicures start the same as manicures. Have a good long soak to moisturize the skin and nails. Oh yes! Another mud bath!

What you'll need from your Kit:
- Crystal mud
- Bath salts

Measuring spoon

Mixing spoon

Other things you will need:
- Large shallow bowl (big enough for your feet)
- Warm tap water
- Bath towel

WHAT YOU DO:

Step 1: Using the white measuring spoon, place 4 scoops of crystal mud into the bowl.

Step 2: Add scoops of water until the crystals cannot hold any more.

Step 3: Sink your feet into the mud. Wiggle your toes to squish the mud between them. Your feet are soaking up moisture and getting softer by the second.

Step 4: Soak for a few minutes. Then add 12 scoops of bath salts to the crystal mud and stir with mixing spoon. Your bath should have a lot more water in it now.

*Never pour crystal mud down your sink. It will cause a clog.
Activity #6: Twinkle Toes

Now that your feet are soft and smooth, make them look great! The last step in a pedicure is to add some pretty polish to your toenails. So glam!

What you'll need from your Kit:
- Toe separators
- Nail polish

What you do:

Step 1:
Fit the toe separators on your feet. Separators keep your toes apart so you don’t get polish on your skin. That looks pretty funny!

Step 2:
Apply polish to each toenail.

Step 3:
Be sure the polish is dry before removing the toe separators and putting on socks or shoes.

More Fun with your Friends

Bright and Colorful:
Invite your friends over for a spa day. Ask each to bring a bottle of her favorite color polish. You will have many colors. Apply a different color to each finger or toe. Colorful and so fun!

Polka Dots:
Paint a coat of any color polish on your nails. Let it dry. Select a second color polish to make polka dots. Remove the brush from the bottle. Set it on a piece of wax paper or foil. Dip a toothpick into the bottle. Touch it to your fingernail. It makes a dot! Fill your nails with polka dots. Cool!

Tiny Design:
Brush a coat of polish on your nails. Let dry. Place tiny stickers on any nails you want. Brush a coat of clear over top. If you want two coats of clear, let the first one dry before doing the second one. That looks awesome!