The Macrame Stitch

Step 1:
To get started, lay 3 strands side by side. Tie a knot leaving about 2" on the top.

Step 2:
Once you have your knot in place, loop strand A under strand B and over strand C.

Step 3:
Now take strand C and lay it over strand B and through the loop made by strand A. Pull strands C & A to tighten. Push the stitch up the center strand (B) to keep it tight.

Step 4:
Repeat the same stitch starting with strand C. Loop it under B and over A. Take strand A and loop it over B and through the loop again as you did before.

Step 5:
Continue repeating steps 2 through 4 for the length of the bracelet. You can add beads anywhere on your bracelet by sliding one or more beads at a time onto the middle strand (B). Place strand A & C around the bead and continue making stitches.

Step 6:
When the bracelet is as long as you would like it to be, tie a knot at the end of the last stitch. Trim the strings to be 2" from the final knot. Now you can tie your new bracelet around your wrist!
Pony Bead Bracelet

Here is what you will need:
1 full strand of lanyard
about 20 pony beads

Step 1:
String the first pony bead onto your lanyard and move it to the center of the strand.

Step 2:
Put your second bead on string A and thread string B through the same bead.

Step 3:
Pull both ends (A & B) of the lanyard at the same time and put the second bead against the first bead. Try your best to keep the beads centered and don't pull the stitch too tight. You want the stitches to be a little loose so the bracelet can stretch when you want to take it on and off.

Step 4:
Continue adding beads until your bracelet is as long as you would like it.

Step 5:
To finish your bracelet, thread the ends of the lanyard through the first bead in opposite directions. Pull together and join with a knot.

Cool Ideas:
- You can make different designs by changing the number of beads you choose to put in each row.
- Use your imagination and try using all different shaped beads. Have fun & see what different combinations look like!
The Round Stitch

**Step 1:**
Cross 2 strands of lanyard at the center.

**Step 2:**
Cross strand A over strand B.

**Step 3:**
Cross strand B over strands A & C.

**Step 4:**
Cross strand C over strands B & D.

**Step 5:**
Cross strand D over strand C and pass it through the loop formed in step 2.

**Step 6:**
Make your stitch snug by pulling strands A & D in one hand and strands B & C in the other hand.

**Step 7:**
Now that you have your first stitch in place, cross strand D over on a diagonal so it is in between strands A & B.

**Step 8:**
Cross strand A over on a diagonal so it is between strands B & C.

**Step 9:**
Cross strand B over strands A & C.

**Step 10:**
Cross strand C over strand B and then string it through the loop.

**Step 11:**
Again make your stitch snug by pulling strands A & D in one hand and strands B & C in the other hand.

**Step 12:**
Repeat steps 7–11 until you accomplish the length you desire, then tie a knot at the end and enjoy!
Tassel Zipper Pull

Here is what you will need:
2 - full length strands of lanyard
2 - 4" pieces of lanyard

Step 1:
Place the full length strands of lanyard in your hand with the ends lined up and together. Loosely wrap the strands of lanyard around your hand while holding the ends in place with your thumb.

Step 2:
Gently pull the lanyard off your hand and tie one 4" piece of lanyard in a double knot to hold it together. Make sure the knot is tight.

Step 3:
Take the other 4" piece of lanyard and tie it around the bundle to make the tassel. Again make sure your knot is tight, then you can trim the extra lanyard carefully. Cut the loops at the bottom of the tassel and trim them to make sure they are all level.

Step 4:
To attach the tassel to your zipper tie the ends of the lanyard from the knot in step 2 to the zipper pull. Once it is secure you can trim the extra lanyard.

More Cool Ideas:
-You can make the tassel bigger by adding more strands of lanyard in the beginning.
-If you want you can vary the lengths of lanyard by trimming it to longer and shorter lengths.
-The tie at the top of the tassel can be used to attach the tassel to many things: bracelet, key chain, hair clip, the possibilities are endless!