GET READY!
Place all of your materials on a flat surface.

GET SET!
Start by choosing the color that matches the one printed on the upper left hand corner of your canvas. You will work from left to right.

To thread your needle, fold the yarn about 1 inch from the end. Pinch the fold so it forms a point. Carefully push the point through the eye of the needle until the short end goes through. Pull on the short end of the yarn until the two ends of your yarn meet and the needle is in the center. This gives you a double strand of yarn.

For your work to look its best, use a double strand of yarn for the whole design.

Start at the top left corner of the canvas: Thread from the back of the canvas to the front.

Continue threading your yarn across the row. Keep your stitches neatly in line by following the same pattern: Poke your needle up through the bottom square and then down into the top diagonal square.

HINT: Don’t pull the yarn too tight or the canvas underneath will show through.

Don’t worry about the unfilled holes along the top or sides. They will be covered by your frame!

Continue stitching until you reach the end of the row or the pattern shows that your color should stop. To end one color, flip the canvas over and thread your needle back through the last stitch you made and tie off your yarn. To change colors, thread your needle and secure the yarn in the same way that you began.

You are doing it! Continue stitching and following the pattern!

GO!
Complete your needlepoint by placing it behind the included colorful frame. Place the sticky dots all around the inside of the frame. Unpeel the paper backing and stick down your work of art! Hang it wherever you like. Enjoy!